

D.Y. PATIL EDUCATION SOCIETY
[Deemed to be University], Kolhapur
Re-accredited by NAAC with 'A' Grade

D. Y. PATIL

MEDICAL COLLEGE

KOLHAPUR

Syllabus For

NATIONAL MEDICAL COMMISSION

Postgraduate Medical Education Board

GUIDELINES FOR COMPETENCY BASED
POSTGRADUATE TRAINING PROGRAMME FOR

MS IN ORTHOPAEDICS

D. Y. PATIL EDUCATION SOCIETY, KOLHAPUR
(DEEMED TO BE UNIVERSITY)



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MS IN ORTHOPAEDICS

Year of Implementation : 2022-23

Year of Examination : 2025-26

MS-ORTHOPAEDICS

Vision

To become a world class dynamic institution of education research & training to develop globally competitive, professional and socially responsible human resource.

Mission

- To ensure globally relevant quality higher education and skill enhancement for providing required trained manpower to the nation & The world
- To promote symbiotic relation with industry, academic and research institution and community to meet the expectations of various stakeholders.
- To engage in interdisciplinary research and innovate for furtherance of knowledge, technology and growth.
- To put in place dynamic technocracy for effective use of emerging trends in curriculum development, andragogy, evaluation and system management
- To provide an environment for holistic evolution of the learners as human, socially responsible and conscious of sustainable ecosystem.

Preamble

The purpose of PG education is to create specialists who would provide high quality health care and advance the cause of science through research & training.

A postgraduate undergoing training MS in Orthopaedics should be trained to identify and recognize various congenital, developmental, inflammatory, infective, traumatic, metabolic, neuromuscular, degenerative and oncologic disorders of the musculoskeletal systems. She/he should be able to provide competent professional services to trauma and orthopaedic patients at a primary/ secondary/tertiary healthcare centres.

The purpose of this document is to provide teachers and learners illustrative guidelines to achieve defined outcomes through learning and assessment. This document was prepared by various subject-content specialists. The Reconciliation Board of Academic Committee has attempted to render uniformity without compromise to purpose and content of the document. Compromise in purity of syntax has been made in order to preserve the purpose and content. This has necessitated retention of “domains of learning” under the heading “competencies”.

Programme Outcomes

1. Graduate Attributes: Medical and Scientific Knowledge.

PO 1 :

- Demonstrate knowledge of normal and abnormal human structure, function and development from a molecular, cellular, biologic, clinical, behavioural and social perspective.
- Demonstrate knowledge about established and evolving biomedical and clinical sciences.
- Demonstrate knowledge of national and regional health care policies including the National Health Mission that incorporates National Rural Health Mission (NRHM) and National Urban Health Mission (NUHM), frameworks, economics and systems that influence health promotion, health care delivery, disease prevention, effectiveness, responsiveness, quality and patient safety

2. Graduate Attributes: Planning Patient Care and problem solving abilities

PO 2:

- Demonstrate ability to apply this knowledge to the practice of medicine in routine, emergency and disaster situations.
- Demonstrate ability to appraise and assimilate scientific evidence into their own ongoing learning, research, and patient care.
- Demonstrate ability to choose the appropriate diagnostic tests and interpret these tests based on scientific validity, cost effectiveness and clinical context
- Demonstrate ability to provide evidence-based care that is compassionate, respectful of patients' differences, values, and preferences.

3. Graduate Attributes: Professional excellence & Ethics

PO 3:

- Demonstrate commitment to the highest standards of professional responsibility towards patient, colleagues, society, growth of medical professional and adhere to universally accepted code of ethics.
- Demonstrate personal attributes of compassion, honesty, integrity, accountability, empathy in patient encounters.

4. Graduate Attributes: Communication Skills.

PO 4:

- Demonstrate ability to communicate effectively, respectfully, non-judgemental, empathetic manner with patients, their families and colleagues that will improve patient satisfaction ,health care and encourages participation and shared decision-making.

- Demonstrate the ability to listen clearly, inform, communicate and educate patients &/ caregivers for the promotion of health, diagnosis of disease and the treatment of illness; advocate for disease prevention, wellness and the promotion of healthy lifestyles including a focus on population health

5. Graduate attributes: Leader & Member of the health care team & System

PO 5:

- Demonstrate the ability to work effectively, efficiently & in rational way with his/ her colleagues and other team members, educate & motivate the team members in a manner to maximize the health delivery potential of the team, considering various roles, responsibilities and competencies of the other health professionals.
- Identify the self- potential, functioning ability as a team leader in primary and secondary health care settings, utilize various indicators of the health care system and to promote appropriate, low cost, ethical, fair and qualitative health delivery.

6. Graduate attributes: Life long learner

PO 6:

- Demonstrate ability to acquire new knowledge, skills and reflect upon their experience to enhance personal and professional growth and apply the information in the care of the patient.
- Demonstrate self-motivation and awareness to their own limitations.
- Demonstrate ability to introspect and utilize experiences, to enhance personal and professional growth and learning.

7. Graduate attributes: Research Aptitude

PO7:

- Demonstrate an attitude of inquiry/search/investigation ,scientific and objective effort to uncover facts.

8. Graduate attributes: Societal Responsibilities

PO8 :

- Demonstrate accountability in fulfilling their duty for the benefit of the entire society.

9. Graduate attributes: Awareness towards Environment and sustainability

PO9 :

- Demonstrates responsibility to conserve natural resources and protect global ecosystems to support health and wellbeing, now and in the future.

COURSE OUTCOMES

At the end of the course the students should be able to

CO1: To diagnose and appropriately manage common orthopaedics ailments in the given situation

CO2: To provide, adequate o preoperative, perioperative, postoperative and follow-up care of orthopedics surgical patients

CO3: To provide and coordinate emergency resuscitative measures in trauma Patient.

CO4:To discharge effectively medicolegal and ethical responsibilities and participate in the national health programs.

CO5:To learn to obtain inform consent prior to performance of operative procedures.

CO6:To learn the basic steps in techniques of performing a operative procedure

CO7:To update knowledge regarding recent advances and newer techniques in the management of patients

CO8: To participate regularly in departmental academic activities by presenting seminars, case discussions, journal club and topic discussion on weekly basis and maintain logbook.

CO9: To know the basic concept of research methodology, plan a research project and know how to consult library

CO10: To demonstrate and practice procedural skills in simulated environment.

CO11: To show integrity accountability, respect, compassion and dedication in patient-care and demonstrate a commitment to excellence and continuous professional development.

CO12: To demonstrate sensitivity and responsiveness to patients culture, age gender and disabilities and show commitment to ethical principles related to providing patient care and confidentiality of patient information.

SUBJECT SPECIFIC LEARNING OBJECTIVES

This will be dealt with under the following headings:

- Theoretical knowledge (Cognitive domain)
- Practical and clinical skills (psychomotor domain)
- Attitudes including communication skills (Affective domain)
- Writing thesis / Reviewing Research activities (Scholarly activity)
- Training in Research Methodology (Practice based learning, Evidence based practice)
- Professionalism
- Teaching skills

SUBJECT SPECIFIC COMPETENCIES

A. Cognitive domain

At the end of the M.S. Orthopaedics programme, the post graduate student should be able to:

1. Demonstrate sufficient understanding of the basic sciences relevant to orthopaedic speciality through a problem based approach.
2. Describe the Principles of injury, its mechanism and mode, its clinical presentation, plan and interpret the appropriate investigations, and institute the management of musculoskeletally injured patient.
3. Identify and describe the surface anatomy and relationships within of the various bones, joints, ligaments, major arteries, veins and nerves of the musculoskeletal system of the spine, upper limb, lower limb and the pelvis, chest, abdomen and head & neck.
4. Define and describe the pathophysiology of shock (circulatory failure).
5. Define and describe the pathophysiology of Respiratory failure
6. Describe the principles and stages of bone and soft tissue healing
7. Understand and describe the metabolic, nutritional, endocrine, social impacts of trauma and critical illness.
8. Enumerate, classify and describe the various bony/soft tissue injuries affecting the axial and appendicular skeletal system in adults and children.
9. Describe the principles of internal and external fixation for stabilization of bone and joint injuries.
10. Describe the mechanism of homeostasis, fibrinolysis and methods to control haemorrhage
11. Describe the physiological coagulation cascade and its abnormalities
12. Describe the pharmacokinetics and dynamics of drug metabolism and excretion of analgesics, anti inflammatory, antibiotics, disease modifying agents and chemotherapeutic agents.
13. Understanding of biostatistics and research methodology
14. Describe the clinical presentation, plan and interpret investigations, institute management and prevention of the following disease conditions
 - a. Nutritional deficiency diseases affecting the bones and joints
 - b. Deposition arthropathies
 - c. Endocrine abnormalities of the musculoskeletal system
 - d. Metabolic abnormalities of the musculoskeletal system
 - e. Congenital anomalies of the musculoskeletal system
 - f. Developmental skeletal disorder of the musculoskeletal system

15. Describe the pathogenesis, clinical features plan and interpret investigations and institute the management in adults and children in
 - a. Tubercular infections of bone and joints (musculoskeletal system)
 - b. Pyogenic infections of musculoskeletal system
 - c. Mycotic infections of musculoskeletal system
 - d. Autoimmune disorders of the musculoskeletal system
 - e. Rheumatoid arthropathy, Ankylosing spondylitis, seronegative arthropathy
 - f. Osteoarthritis and spondylosis
16. Describe the pathogenesis, clinical presentation, plan and interpret investigations and institute appropriate treatment in the following conditions:
 - a. Post polio residual paralysis
 - b. Cerebral palsy
 - c. Muscular dystrophies and myopathies
 - d. Nerve Injuries
 - e. Entrapment neuropathies
17. Identify the diagnosis and describe management of musculoskeletal manifestation of AIDS and HIV infection
18. Describe the aetiopathogenesis, identify, plan and interpret investigation and institute the management of osteonecrosis of bones.
19. Identify situations requiring rehabilitation services and prescribe suitable orthotic and prosthetic appliances and act as a member of the team providing rehabilitation care
20. Identify a problem, prepare a research protocol, conduct a study, record observations, analyse data, interpret the results, discuss and disseminate the findings.
21. Identify and manage emergency situation in disorders of musculoskeletal system
22. Understanding of the basics of diagnostic imaging in orthopaedics like:
 - a. Plain x-ray
 - b. Ultra sonography
 - c. Computerised axial tomography
 - d. Magnetic resonance imaging
 - e. PET scan
 - f. Radio Isotope bone scan
 - g. Digital Subtraction Angiography (DSA)

- h. Dual energy x-ray Absorptiometry
- i. Arthrography
- 23. Describe the aetiopathogenesis, clinical presentation, Identification, Plan investigation and institute treatment for oncologic problems of musculoskeletal system both benign and malignancies, primary and secondary.
- 24. Understand the basics, principles of biomaterials and orthopaedic metallurgy
- 25. Describe the principles of normal and abnormal gait and understand the biomedical principles of posture and replacement surgeries.
- 26. Describe social, economic, environmental, biological and emotional determinants of health in a given patient with a musculoskeletal problem.

B. Affective Domain:

- 1. Should be able to function as a part of a team, develop an attitude of cooperation with colleagues, and interact with the patient and the clinician or other colleagues to provide the best possible diagnosis or opinion.
- 2. Always adopt ethical principles and maintain proper etiquette in dealings with patients, relatives and other health personnel and to respect the rights of the patient including the right to information and second opinion.
- 3. Develop communication skills to word reports and professional opinion as well as to interact with patients, relatives, peers and paramedical staff, and for effective teaching.

Attitudes including Communication skills and Professionalism

a. Communication skills:

- Exhibits participation in honest, accurate health related information sharing in a sensitive and suitable manner
- Recognizes that being a good communicator is essential to practice effectively
- Exhibits effective and sensitive listening skills
- Recognises the importance and timing of breaking bad news and knows how to communicate
- Exhibits participation in discussion of emotional issues
- Exhibits leadership in handling complex and advanced communication
- Recognizes the importance of patient confidentiality and the conflict between confidentiality and disclosure
- Able to establish rapport in therapeutic bonding with patients, relatives and other stakeholders through appropriate communication.

- Able to obtain comprehensive and relevant history from patients/relatives
- Able to counsel patients on their condition and needs
- a. **Teamwork:** Seek cooperation. Coordination and communication among treating specialties and paramedical staff
- b. **Counseling of relatives:** regarding patients condition, seriousness, bereavement and counsel in for organ donation in case of brain stem death
- c. **Leadership:** Trauma prevention, education of the public, paramedical and medical persons.
- d. **Advocacy:** with the government and other agencies towards cause of trauma care
- e. **Ethics:** The Code of Medical Ethics as proposed by Medical Council of India will be learnt and observed.

C. Psychomotor domain

1. At the end of the first year of M.S. Orthopedics programme, the student should be able to:

1. Elicit a clinical history from a patient, do a physical examination, document in a case record order appropriate investigations and make a clinical diagnosis
2. Impart wound care where applicable
3. Apply all types of POP casts/slabs, splints and tractions as per need
4. Identify shock and provide resuscitation
5. Perform aspiration of joints and local infiltration of appropriate drugs
6. Perform appropriate wound debridement
7. Perform arthrotomy of knee joint
8. Perform incision and drainage of abscess
9. Perform split thickness skin grafting
10. Perform fasciotomies
11. Apply external fixators
12. Apply skeletal tractions including skull tongs
13. Triage a disaster situation and multiple trauma patients in an emergency room
14. Perform on bone models, interfragmentary compression screws, external fixation, Tension band wiring and Broad plating
15. Perform closed reduction of common dislocations like shoulder and common fractures like collar fracture, supracondylar fracture.
16. Perform on a cadaver standard surgical approaches to the musculo skeletal system

2. At the end of the second year of M.S. Orthopaedics course, the student should be able to:

1. Take an informed consent for standard orthopaedic procedures
2. Perform closed/open biopsies for lesions of bone, joints and soft tissues
3. Perform split thickness skin grafting and local flaps
4. Perform on bone models, internal fixation with k-wires, screws, plates. Dynamic hip/condylar screws/nailing.
5. Perform sequestrectomy and saucerisation
6. Perform arthrotomy of joints like hip/shoulder, ankle, elbow
7. Perform repair of open hand injuries including tendon repair
8. Perform arthodesis of small joints
9. Perform diagnostic arthroscopy on models and their patients
10. Perform carpal tunnel/tarsal tunnel release
11. Apply ilizarov external fixator
12. Perform soft tissue releases in contractures, tendon lengthening and correction of deformities
13. Perform amputations at different levels
14. Perform corrective surgeries for CTEV, DDH, perthes/ skeletal dysplasia

3. At the end of the third year of M.S. Orthopaedics programme, the student should be able to:

1. Assist in the surgical management of polytrauma patient
2. Assist in Arthroplasty surgeries of hip, knee, shoulder and the ankle
3. Assist in spinal decompressions and spinal stabilizations
4. Assist in operative arthroscopy of various joints
5. Assist /perform arthodesis of major joints like hip, knee, shoulder, elbow
6. Assist in corrective osteotomies around the hip, pelvis, knee, elbow, finger and toes
7. Assist in surgical operations on benign and malignant musculoskeletal tumour including radical excision and custom prosthesis replacement.
8. Assist in open reduction and internal fixations of complex fractures of acetabular, pelvis, IPSI lateral floating knee/elbow injuries, shoulder girdle and hand.
9. Assist in spinal deformity corrections.

10. Independently perform closed/open reduction and internal fixation with DCP, LCP, intramedullary nailing, LRS
11. Assist in limb lengthening procedures
12. Assist in Revision surgeries
13. Provide pre and post OP care
14. Perform all clinical skills as related to the speciality.

Syllabus

Course contents:

1. Basic Sciences

- Anatomy and function of joints
- Bone structure and function
- Growth factors and fracture healing
- Cartilage structure and function
- Structure and function of muscles and tendons
- Tendon structure and function
- Metallurgy in Orthopaedics
- Stem Cells in Orthopaedic Surgery
- Gene Therapy in Orthopaedics

2. Diagnostic Imaging in Orthopaedics

(Should know the interpretation and Clinical Correlation of the following): -

- Digital Subtraction Angiography (DSA)
- MRI and CT in Orthopaedics
- Musculoskeletal USG
- PET Scan
- Radio-isotope bone scan

3. Metabolic Bone Diseases

- Rickets and Osteomalacia
- Osteoporosis
- Scurvy
- Mucopolysaccharoidoses
- Fluorosis
- Osteopetrosis

4. Endocrine Disorders

- Hyperparathyroidism
- Gigantism, Acromegaly

5. Bone and Joint Infections

- Pyogenic Haematogenous Osteomyelitis - Acute and Chronic
- Septic arthritis
- Fungal infections
- Miscellaneous infections
- Gonococcal arthritis
- Bone and joint brucellosis
- AIDS and the Orthopaedic Surgeon (universal precautions)
- Musculoskeletal Manifestations of AIDS
- Pott's spine
- Tubercular synovitis and arthritis of all major joints

6. Poliomyelitis

- General considerations
- Polio Lower limb and spine
- Management of Post Polio Residual Palsy (PPRP)

7. Orthopaedic Neurology

- Cerebral Palsy
- Myopathies

8. Peripheral Nerve Injuries

- Traumatic
- Entrapment Neuropathies

9. Diseases of Joints

- Osteoarthritis
- Calcium Pyrophosphate Dihydrate (CPPD), Gout
- Collagen diseases

10. Systemic Complications in Orthopaedics

- Shock
- Crush syndrome
- Disseminated Intravascular Coagulation (DIC)
- Acute Respiratory Distress Syndrome (ARDS)

11. Bone Tumors

- Benign bone tumors
- Malignant bone tumors
- Tumor like conditions
- Metastatic bone Tumors

12. Miscellaneous Diseases

- Diseases of muscles
- Fibrous Dysplasia
- Unclassified diseases of bone
- Paget's disease
- Peripheral vascular disease
- Orthopaedic manifestations of bleeding disorders

13. Regional Orthopaedic Conditions of Adults and Children

- The spine
- The shoulder
- The elbow
- The hand
- The wrist
- The hip
- The knee
- The foot and ankle
- The pelvis

14. Biomaterials

- Orthopaedic metallurgy
- Bio-degradable implants in Orthopaedics
- Bone substitutes
- Bone Banking

15. Fracture and Fracture-Dislocations

General considerations

- Definitions, types, grades, patterns and complications
- Pathology of fractures and fracture healing
- Clinical and Radiological features of fractures and dislocations
- General principles of fracture treatment
- Recent advances in internal fixation of fractures
- Locking plate osteosyntheses
- Less Invasive Stabilisation System (LISS)
- Ilizarov technique
- Bone grafting and bone graft substitutes
- Open fractures and soft tissue coverage in the lower extremity
- Compartment syndrome
- Fractures of the upper extremity and shoulder girdle
- Fractures of the lower extremity
- Fractures of the hip and pelvis
- Malunited fractures
- Delayed union and non union of fractures
- Fractures/dislocations and fracture - dislocations of spine

16. Dislocations and Subluxations

- Acute dislocations
- Old unreduced dislocations
- Recurrent dislocations

17. Traumatic Disorders of Joints (Sports Injuries)

- Ankle injuries
- Knee injuries
- Shoulder and elbow injuries
- Wrist and hand injuries

18. Arthrodesis

- Arthrodesis of lower extremity and hip
- Arthrodesis of upper extremity
- Arthrodesis of spine

19. Arthroplasty

- Biomechanics of joints and replacement of the following joints.
- Knee
- Ankle
- Shoulder
- Elbow

20. Minimally Invasive Surgery (MIS)Arthroscopy

- General principles of Arthroscopy
- Arthroscopy of knee and ankle
- Arthroscopy of shoulder and elbow

21. Amputations and Disarticulations

- Amputations and disarticulations in the lower limb
- Amputations and disarticulations in the upper limb

22. Rehabilitation - Prosthetics and Orthotics

23. Pediatric orthopaedics:

- Fractures and dislocations in children
- Perthes' disease
- Slipped capital femoral epiphysis
- Congenital Dislocation of Hip (CDH)
- Neuromuscular disorders.

24. Spine

a) Spinal trauma: diagnosis and management including various types of fixations

- i. Rehabilitation of paraplegics/quadriplegics
- ii. Management of a paralyzed bladder
- iii. Prevention of bed sores and management of established bed sores
- iv. Exercise programme and Activities of Daily Living (ADL)
- v. Psychosexual counseling

Degenerative disorders of the spine

- i. Prolapsed Inter Vertebral Disc (PIVD)
- ii. Lumbar Canal Stenosis (LCS)
- iii. Spondylolysis/Spondylolisthesis
- iv. Lumbar Spondylosis
- v. Ankylosing Spondylitis
- vi. Spinal fusion: various types and their indications.

25. Triage, Disaster Management, BTLS and ATLS

26. Recent advances in orthopaedics

- Autologous chondrocyte implantation
- Mosaicplasty
- Video assisted Thoracoscopy (VATS)
- Endoscopic spine surgery
- Metal on metal arthroplasty of hip
- Surface replacements of joints
- Microsurgical techniques in Orthopaedics
- Designing a modern orthopaedic operation theatre
- Sterilization
- Theatre Discipline
- Laminar air flow
- Modular OTs

TEACHING AND LEARNING METHODS

- Emphasis should be given to various small group teachings rather than didactic lectures.
- CASE PRESENTATION once a week in the ward, in the outpatient department and special clinics.
- Seminars / Symposia – Twice a month; Theme based student centered
- Journal club/ Review : Twice a month
- Academic grand ward rounds: Twice a month presentation of cases by residents and clinically applicable discussions.
- **ORTHO RADIOLOGY MEETS:** Twice a month discussions amongst Ortho & Radiology Residents under facilitation of faculty on various imaging modalities used and its interpretation
- **ORTHO SURGICAL PATHOLOGICAL MEET:** Special emphasis on the surgical pathology radiological aspect of the case in the pathology department. Clinician (Ortho resident) presenting the clinical details of the case, radiology PG student describes the Radiological findings and its interpretation and Pathology student describes the morbid anatomy and histopathology of the same case.
- **SKILLS LAB SESSIONS:** Once a fortnight for all three years.
- **Clinical teaching** in the OPD, Emergency room, ICU, OR as per the situation.
- **Mortality & Morbidity meetings with SURGICAL AUDIT:** Once a month
- Maintenance of log book: to be signed by the faculty in charge
- The post graduate students shall be required to participate in the teaching and training programme of undergraduate students and interns.
- **A post graduate student would be required to present one poster presentation, to read one paper at a national/state conference and to present one research paper which should be published/accepted for publication/sent for publication during the period of his postgraduate studies so as to make him eligible to appear at the post graduate degree examination.**
- Should have attended two conferences/CMEs/Workshops during his tenure as a postgraduate
- Department should encourage e-learning activities.

Rotations:**1. Clinical postings**

A major portion of posting should be in Orthopaedics department. It should include in-patients, out-patients, ICU, trauma, emergency room and speciality clinics.

Rotation of posting

- Inter-unit rotation in the department should be done for a period of up to one year.
- Rotation in appropriate related subspecialties for a total period not exceeding 06 months.

Clinical meetings:

There should be intra- and inter- departmental meetings for discussing the uncommon /interesting cases involving multiple departments.

Log book: Each student must be asked to present a specified number of cases for clinical discussion, perform procedures/tests/operations/present seminars/review articles from various journals in inter-unit/interdepartmental teaching sessions. They should be entered in a Log Book. The Log books shall be checked and assessed periodically by the faculty members imparting the training.

During the training programme, patient safety is of paramount importance; therefore, skills are to be learnt initially on the models, later to be performed under supervision followed by performing independently; for this purpose, provision of surgical skills laboratories in medical colleges is mandatory.

ASSESSMENT

Assessment should be comprehensive and objective assessing the competencies stated in the course. The assessment is both formative and summative. Formative is spread over the entire duration of the programme and the summative is as per university examination pattern.

FORMATIVE ASSESSMENT, during the training,

Formative assessment should be continual and should assess medical knowledge, patient care, procedural & academic skills, interpersonal skills, professionalism, self directed learning and ability to practice in the system.

General Principles

Internal Assessment should be frequent, cover all domains of learning and used to provide feedback to improve learning; it should also cover professionalism and communication skills. The Internal Assessment should be conducted in theory and clinical examination.

Quarterly assessment during the MS training should be based on following educational activities:

1. Journal based / recent advances learning
2. Patient based /Laboratory or Skill based learning
3. Self directed learning and teaching
4. Departmental and interdepartmental learning activity
5. External and Outreach Activities / CMEs
6. At the end of completion of 1st & 2nd year there will be a theory exam & prelim exam will taken one month before the University Examination.

The student to be assessed periodically as per categories listed in postgraduate student appraisal form (Annexure I).

SUMMATIVE ASSESSMENT, at the end of the course,

Post Graduate Examination

The summative examination would be carried out as per the Rules given in **POSTGRADUATE MEDICAL EDUCATION REGULATIONS, 2000.**

The Post Graduate examination shall be in three parts: -

1. Thesis

Every post graduate student shall carry out work on an assigned research project under the guidance of a recognised Post Graduate Teacher, the result of which shall be written up and submitted in the form of a Thesis. Work for writing the Thesis is aimed at contributing to the development of a spirit of enquiry, besides exposing the post graduate student to the techniques of research, critical analysis, acquaintance with the latest advances in medical science and the manner of identifying and consulting available literature.

2. Theory:

The examinations shall be organized on the basis of 'Grading' or 'Marking system' to evaluate and to certify post graduate student's level of knowledge, skill and competence at the end of the training. Obtaining a minimum of 50% marks in 'Theory' as well as 'Practical' separately shall be mandatory for passing examination as a whole. The examination for M.D./MS shall be held at the end of 3rd academic year. An academic term shall mean six month's training period.

There shall be four theory papers as follows:

Paper I	Basic Sciences as applied to Orthopaedics
Paper II	Traumatology and Rehabilitation
Paper III	Orthopaedic diseases
Paper IV	Recent advances in Orthopaedic surgery + General Surgery as applied to Orthopaedics

Theory Examination: each paper 100 marks -3 hrs. Duration

Paper	Marks
Paper I	Total 10 Questions of each 10 marks
Paper II	Total 10 Questions of each 10 marks
Paper III	Total 10 Questions of each 10 marks
Paper IV	Total 10 Questions of each 10 marks
	TOTAL THEORY = 400

Minimum passing marks in each head 40% and aggregate: 50% in all Papers

2. Practical/Clinical: The practical examination should consist of the following and should be spread over two days, if the number of post graduate students appearing is more than five.

1. One long case: History taking, physical examination, interpretation of clinical findings, differential diagnosis, investigations, prognosis and management.
2. Short cases from various sections of the speciality (three)

Practical Examination

	Description	Marks	Preparati onTime	Assessment time
Long Case	1 Long Case	150	45min	20min
Short Case	3 short case	50 Each = 150	15 min each	10 min
Viva (Four Tables)	a. Instruments= 15 marks	100		05 Min each.
	b. X-Rays = 15 Marks			
	c. Operation= 15 marks			
	d. Specimen & Bones=15 Marks			
	e. Ward Round= 40 Marks			
	Total Practical	400		

Minimum Passing marks: 50% Separate in clinical and Viva

1. Oral/Viva-voce Examination

- Surgical Anatomy including Osteology
- Instruments
- Radiology
- Surgical Pathology
- Orthotics and prosthetics

Recommended Reading:

Books (latest edition)

1. Campbell's Operative Orthopaedics, Vols 1,2,3 & 4
2. Mercer's Orthopaedic Surgery
3. Rockwood And Greens – Fractures In Adults, Vol 1& 2
4. Fractures In Children – Rockwood & Wilkins
5. Physiological Basis Of Medical Practice – Best And Taylor's
6. Arthroscopic Surgery Of The Knee – Johannes
7. PaediatricOrthopaedics – Tachidjian, Vol 4
8. Concise System Of Orthopaedics And Fractures – Graham Apley
9. Orthopaedics And Traumatology – Natarajan
10. Outline Of Fractures Adams, Hamblen

11. Textbook Of Orthopaedics And Trauma – Kulkarni, Vol 1
12. B.D. Chaurasia's Human Anatomy, Vol1, Vol 2, Vol 3
13. Pharmacology And Pharmacotherapeutics – Satoskar
14. Orthopaedics Anatomy And Surgical Approaches Frederick Wreckling
15. The Art Of Aesthetic Plastic Surgery – John R Levis, Vol 1
16. Current Concepts In Orthopaedics Dr. D. K. Tareja
17. Custom Mega Prosthesis & Limb Salvage Surgery Dr. Mayilvahanan
18. Advances In Operative Orthopaedics
19. Green's Operative Hand Surgery-Vol. 1& 2, Green, David P; Hotchkiss, Robert N
20. Tachdjian's Pediatric Orthopaedics-Vol. 1, Vol 2, Vol 3, Herring, John Anthony
21. Surgical Exposures In Orthopedics: The Anatomic Approach, Hoppenfeld, Stanley; De Boer, Piet
22. Adams's Outline Of Orthopaedics, Hamblen, David L; Simpson, Hamish R
23. Text Book Of Ilizarov Surgical Techniques Bone Correction And Lengthening, Golyakhovsky, Vladimir; Frankel, Victor H
24. Current Techniques In Total Knee Arthroplasty, Sawhney G S
25. Applied Orthopaedic Biomechanics, Dutta, Santosh; Datta, Debasis
26. Essential Orthopaedics And Trauma, Dandy, David J; Edwards, Dennis J
27. Adams's Outlines Of Fractures; Including Joint Injuries, Hamblen, David L; Simpson, A Hamish R W
28. Orthopedic Physical Assessment, Magee, David J
29. Turek's Textbook Of Orthopaedics Vol 1 & 2, Turek's
30. Orthopaedics Surgical Approach, Miller

Journals

03-05 international Journals and 02 national (all indexed) journals

Postgraduate Students Appraisal Form

Pre / Para /Clinical Disciplines

Name of the Department/Unit :
 Name of the PG Student :
 Period of Training : FROM.....TO.....

Sr. No.	PARTICULARS	Not Satisfactory	Satisfactory	More Than Satisfactory	Remarks
		2 3	5 6	7 8 9	
1.	Journal based / recent advances learning				
2.	Patient based /Laboratory or Skill based learning				
3.	Self directed learning and teaching				
4.	Departmental and interdepartmental learning activity				
5.	External and Outreach Activities / CMEs				
6.	Thesis / Research work				
7.	Log Book Maintenance				

Publications

Yes/ No

Remarks* _____

*REMARKS: Any significant positive or negative attributes of a postgraduate student to be mentioned.

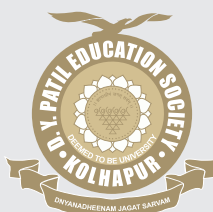
For score

less than 4 in any category, remediation must be suggested. Individual feedback to postgraduate student is strongly recommended.

SIGNATURE OF ASSESSEE

SIGNATURE OF CONSULTANT

SIGNATURE OF HOD



D.Y. PATIL EDUCATION SOCIETY
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