

D.Y. PATIL EDUCATION SOCIETY
[Deemed to be University], Kolhapur
Re-accredited by NAAC with 'A' Grade

D. Y. PATIL

MEDICAL COLLEGE

KOLHAPUR

Syllabus For

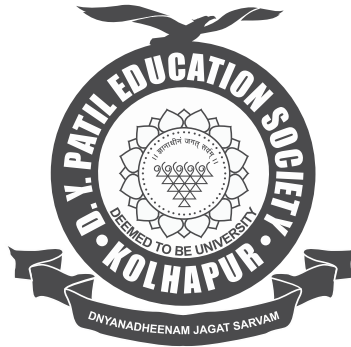
NATIONAL MEDICAL COMMISSION

Postgraduate Medical Education Board

GUIDELINES FOR COMPETENCY BASED
POSTGRADUATE TRAINING PROGRAMME FOR

MS IN OPHTHALMOLOGY

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(DEEMED TO BE UNIVERSITY)



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POSTGRADUATE TRAINING PROGRAMME FOR

MS IN OPHTHALMOLOGY

Year of Implementation : 2022-23

Year of Examination : 2025-26

MS-OPHTHALMOLOGY

Vision

To be a centre of excellence for training and quality research in the field of Ophthalmology and child health

Mission

To develop high quality undergraduates and post graduates to cope up with present and future needs of the country in the field of Ophthalmology , using modern information technology and human resource development innovations.

Goals

The purpose of PG education is to create specialists who would provide high quality health care & advance the cause of science through research & training.

Objectives

Provide high quality training in Ophthalmology and child health.

Espouse and impact the virtues of professional ethics and moral standards in training, research and practice.

Promote evidence based health care provision.

Promote creative and inventive research for the benefit of mankind. Nurture responsible professionalism through a culture of mentorship.

Preamble

The purpose of PG education is to create specialists who would provide high quality health care and advance the cause of science through research & training.

Programme Outcomes

1. Graduate Attributes: Medical and Scientific Knowledge.

PO 1 :

- Demonstrate knowledge of normal and abnormal human structure, function and development from a molecular, cellular, biologic, clinical, behavioral and social perspective.
- Demonstrate knowledge about established and evolving biomedical and clinical sciences.
- Demonstrate knowledge of national and regional health care policies including the National Health Mission that incorporates National Rural Health Mission (NRHM) and National Urban Health Mission (NUHM), frameworks, economics and systems that influence health promotion, health care delivery, disease prevention, effectiveness, responsiveness, quality and patient safety.

2. Graduate Attributes: Planning Patient Care and problem solving abilities

PO 2:

- Demonstrate ability to apply this knowledge to the practice of medicine in routine, emergency and disaster situations.
- Demonstrate ability to appraise and assimilate scientific evidence into their own ongoing learning, research, and patient care.
- Demonstrate ability to choose the appropriate diagnostic tests and interpret these tests based on scientific validity, cost effectiveness and clinical context
- Demonstrate ability to provide evidence-based care that is compassionate, respectful of patients' differences, values, and preferences.

3. Graduate Attributes: Professional excellence & Ethics

PO 3:

- Demonstrate commitment to the highest standards of professional responsibility towards patient, colleagues, society, growth of medical professional and adhere to universally accepted code of ethics.
- Demonstrate personal attributes of compassion, honesty, integrity, accountability, empathy in patient encounters.

4. Graduate Attributes: Communication Skills.

PO 4:

- Demonstrate ability to communicate effectively, respectfully, non-judgemental, empathetic manner with patients, their families and colleagues that will improve patient satisfaction ,health care and encourages participation and shared decision-making.

- Demonstrate the ability to listen clearly, inform, communicate and educate patients &/ caregivers for the promotion of health, diagnosis of disease and the treatment of illness; advocate for disease prevention, wellness and the promotion of healthy lifestyles including a focus on population health

5. Graduate attributes: Leader & Member of the health care team & System

PO 5:

- Demonstrate the ability to work effectively, efficiently & in rational way with his/ her colleagues and other team members, educate & motivate the team members in a manner to maximize the health delivery potential of the team, considering various roles, responsibilities and competencies of the other health professionals.
- Identify the self- potential, functioning ability as a team leader in primary and secondary health care settings, utilize various indicators of the health care system and to promote appropriate, low cost, ethical, fair and qualitative health delivery.

6. Graduate attributes: Life long learner

PO 6:

- Demonstrate ability to acquire new knowledge, skills and reflect upon their experience to enhance personal and professional growth and apply the information in the care of the patient.
- Demonstrate self-motivation and awareness to their own limitations.
- Demonstrate ability to introspect and utilize experiences, to enhance personal and professional growth and learning.

7. Graduate attributes: Research Aptitude

PO7:

- Demonstrate an attitude of inquiry/search/investigation ,scientific and objective effort to uncover facts.

8. Graduate attributes: Societal Responsibilities

PO8 :

- Demonstrate accountability in fulfilling their duty for the benefit of the entire society.

9. Graduate attributes: Awareness towards Environment and sustainability

PO9 :

- Demonstrates responsibility to conserve natural resources and protect global ecosystems to support health and wellbeing, now and in the future.

Course Outcome

CO1: To describe & demonstrate gross, functional and applied anatomy and physiology of eye. Correlate anatomical basis of common clinical procedures like cataract surgery, Dacryocystorhinostomy, Pterygium excision with conjunctival autograph etc.

CO2: To present the symptoms, examination findings of the patient suffering from common eye keratitis, uveities, Retinal lesions etc.

CO3: To discuss common investigative procedures and their interpretation required for diagnosing and managing the eye problems. Describe the rational and proper use of medicines with their adverse effects.

CO4: To describe National Programme on Blindness including National Programme for control of Blindness & Vision 2020, Common Ocular malignances and demonstrate knowledge of methods of screening for early detection of vision loss. Discuss methods of Prevention, early diagnosis and management guidelines of common ocular malignances for public guidance..

CO5: To develop & demonstrate the attitude, communication skills, adapt to changing trends in education, learning method and evolve new diagnostic and therapeutic technique in the subject of Ophthalmology. Describe and demonstrate the commitment to lifelong learning as an important part of physician growth.

CO6: To demonstrate the ability to work effectively, efficiently & in rational way with his/ her colleagues and other team members. Identify the self- potential, functioning ability as a team leader in primary and secondary health care settings, utilize various indicators of the health care system and to promote appropriate, low cost, ethical, fair and qualitative health delivery.

SUBJECT SPECIFIC LEARNING OBJECTIVE

The clinical post graduate training programmes are intended at developing in a student a blend of qualities that of a clinical specialist, a teacher and a researcher. These programmes are organized such that a post graduate student should possess the following qualities, knowledge and skills:

- a. The student should possess basic knowledge of the structure, function and development of the human body as related to ophthalmology, of the factors which may disturb these mechanisms and the disorders of structure and function which may result thereafter and toundergo Simulation Skill Lab.
- b. The student should be able to practice and handle most day-to-day problems independently in ophthalmology. The student should recognize the limitations of his/her own clinical knowledge and know when to seek further help and to complete the course onBasic Course in Biomedical Research.
- c. The student should understand the effects of environment on health and be familiar with the epidemiology of at least the more common diseases in the field of ophthalmology.
- d. The student should be able to integrate the preventive methods with the curative and rehabilitative measures in the comprehensive management of the disease.
- e. The student should be familiar with common eye problems occurring in rural areas andbe able to deal with them effectively.
- f. The student should also be made aware of Mobile Ophthalmic Unit and its working and components.
- g. The student should be able to plan educational programmes in Ophthalmology in association with senior colleagues and be familiar with the modern methods of teaching andevaluation and to attend the Cadaveric Skill Lab.
- h. The student should be able to identify a problem for research, plan a rational approach to its solution, execute it and critically evaluate his/her data in the light of existing knowledge and should reach to condition by logical deduction should be able to assess evidence.
- i. The student should reach the conclusions by logical deduction and should be able to assess evidence both as to its reliability and its relevance.
- j. The student should have basic knowledge of medico-legal aspects of medicine and familiar with patient Concelling and proper consent taken.
- k. The student should be familiar with patient counseling and proper consent taking.

SUBJECT SPECIFIC COMPETENCIES

A post graduate student upon successfully qualifying in the M.S. (Ophthalmology) examination should be able to:

- a. Offer to the community, the current quality of 'standard of care' in ophthalmic diagnosis as well as therapeutics, medical or surgical, in most of the common situations encountered at the level of health services.
- b. Periodically self assess his or her performance and keep abreast with ongoing advances in the field and apply the same in his/her practice.
- c. Be aware of her/his own limitations to the application of the specialty in situations, which warrant referral to more qualified centers or individuals.
- d. Apply research and epidemiological methods during his/her practice. The post graduate student should be able to present or publish work done by him/her.
- e. Contribute as an individual/group towards the fulfillment of national objectives with regard to prevention of blindness.
- f. Effectively communicate with patients or relatives so as to educate them sufficiently and give them the full benefit of informed consent to treatment and ensure compliance.

At the end of the course, the student should be able to:

1. Describe & demonstrate gross, functional and applied anatomy and physiology of eye,. Correlate anatomical basis of common clinical procedures like cataract surgery, Dacrocystorhinostomy, Pterygium excision with conjunctival autograph etc.
2. To present the symptoms, examination findings of the patient suffering from common eye keratitis, uveities, Retinal lesions etc.
3. Discuss common investigative procedures and their interpretation required for diagnosing and managing the eye problems. Describe the rational and proper use of medicines with their adverse effects.
4. Describe National Programme on Blindness including National Programme for control of Blindness & Vision 2020, Common Ocular malignances and demonstrate knowledge of methods of screening for early detection of vision loss. Discuss methods of Prevention, early diagnosis and management guidelines of common ocular malignances for public guidance..
5. To develop & demonstrate the attitude, communication skills, adapt to changing trends in education, learning method and evolve new diagnostic and therapeutic technique in the subject of Ophthalmology. Describe and demonstrate the commitment to lifelong learning as an important part of physician growth.
6. Demonstrate the ability to work effectively, efficiently & in rational way with his/ her colleagues and other team members. Identify the self- potential, functioning ability as a team leader in primary and secondary health care settings, utilize various indicators of the health care system and to promote appropriate, low cost, ethical, fair and qualitative health delivery.

A. Cognitive domain

Basic Medical Sciences:

- Attain understanding of the structure and function of the eye and its parts in health and disease.
- Attain understanding and application of knowledge of the structure and function of the parts of Central Nervous System and other parts of the body with influence or control on the structure and function of the eye.
- Attain understanding of and develop competence in executing common general laboratory procedures employed in diagnosis and research in Ophthalmology.

1. Clinical Ophthalmology:

Given adequate opportunity to work on the basis of graded responsibilities in outpatients, inpatient and operation theatres on a rational basis in the clinical sections from the day of entry to the completion of the training programme, the students should be able to:

- Acquire scientific and rational approach to the diagnosis of ophthalmic cases presented.
- Acquire understanding of and develop inquisitiveness to investigate to establish cause and effect of the disease.
- To manage and treat all types of ophthalmic cases.
- To competently handle and execute safely all routine surgical procedures on lens, glaucoma, lid, sac, adnexa, retina and muscle anomalies.
- To competently handle all ophthalmic medical and surgical emergencies.
- To be familiar with micro-surgery and special surgical techniques.
- To demonstrate the knowledge of the pharmacological (including toxic) aspects of drugs used in ophthalmic practice and drugs commonly used in general diseases affecting the eyes.

2. Refraction:

- Acquire competence in assessment of refractive errors and prescription of glasses for all types of refraction problems.
- Acquire basic knowledge of manufacture and fitting of glasses and competence of judging the accuracy and defects of the dispensed glasses.

3. Ophthalmic super-specialties:

Given an opportunity to work on a rotational basis in various special clinics of sub-specialties of ophthalmology, if possible, the student should be able to:

- Examine, diagnose and demonstrate understanding of management of the problems of neuro-ophthalmology and refer appropriate cases to neurology and neuro-surgery.
- Examine, diagnose and demonstrate understanding of management of (medical and surgical) complicated problems in the field of (a) lens, (b) glaucoma, (c) cornea, (d) retina, (e) pediatric ophthalmology, (f) oculoplasty, (g) uvea, and (h) genetic problems in ophthalmology.
- To demonstrate understanding of the manufacture, and competence in prescription and dispensing of contact lenses and ocular prosthesis.

4. Ophthalmic pathological/microbiological/biochemical sciences

- Be able to interpret the diagnosis in correlation with the clinical data and routine materials received in such cases.

5. Community Ophthalmology

Eye camps may be conducted where the PG students are posted for imparting training to according to a set methodology. The community and school surveys may also be conducted by the post graduate students.

The post graduate students are given an opportunity to participate in surveys, eye camps. They should be able to guide rehabilitation workers in the organisation and training of the blinds in art of daily living and in the vocational training of the blind leading to gainful employment.

6. Research :

- Recognise a research problem.
- State the objectives in terms of what is expected to be achieved in the end.
- Plan a rational approach with appropriate controls with full awareness of the statistical validity of the size of the material.
- Spell out the methodology and carry out most of the technical procedures required for the study.
- Accurately and objectively record on systematic lines results and observation made.
- Analyze the data with the aid of an appropriate statistical analysis.
- Interpret the observations in the light of existing knowledge and highlight in what ways the study has advanced existing knowledge on the subject and what further remains to be done.
- Write a thesis in accordance with the prescribed instructions.
- Write at least one scientific paper as expected of International Standards from the material of this thesis.

B. Affective Domain:

1. Should be able to function as a part of a team, develop an attitude of cooperation with colleagues, and interact with the patient and the clinician or other colleagues to provide the best possible diagnosis or opinion.
2. Always adopt ethical principles and maintain proper etiquette in dealings with patients, relatives and other health personnel and to respect the rights of the patient including the right to information and second opinion.
3. Develop communication skills to word reports and professional opinion as well as to interact with patients, relatives, peers and paramedical staff, and for effective teaching.

C. Psychomotor domain

At the end of the course, the student should acquire following clinical skills:Essential diagnostic skills:

I. Examination techniques along with interpretation.**1. Slit lamp Examination**

- i. Diffuse examination
- ii. Focal examination
- iii. Retroillumination – direct and indirect
- iv. Sclerotic scatter
- v. Specular reflection
- vi. Staining modalities and interpretation

2. Fundus evaluation

- Direct/Indirect ophthalmoscopy
- Fundus drawing
- 3-mirror examination of the fundus
- 78-D/90-D/60-D examination
- Amsler's charting

II. Basic investigations along with their interpretation

1. Tonometry

Tonometry - Applanation / Indentation / Non-contact

2. Gonioscopy

Gonioscopy grading of the anterior chamber angle

3. Tear/ Lacrimal function tests

- i. Staining- fluorescein and Rose Bengal
- ii. Schirmer test/tear film break up time
- iii. Syringing
- iv. Dacrocystography

4. Corneal

- Corneal scraping and cauterization
- Smear preparation and interpretation (Gram's stain /KOH)
- Media inoculation
- Keratometry - performance and interpretation
- Pachymetry
- Corneal topography - if available

5. Colour Vision evaluation

- Ishihara pseudoisochromatic plates
- Farnsworth Munsell, if available

6. Refraction

- i. Retinoscopy- Streak/ Priestley Smith
- ii. Use of Jackson's cross-cylinder
- iii. Subjective and objective refraction
- iv. Prescription of glasses

7. Diagnosis and assessment of Squint

- i. Ocular position and motility examination
- ii. Synoptophore usage
- iii. Lees screen usage
- iv. Diplopia charting
- v. Assessment of strabismus - cover tests/prisms bars
- vi. Amblyopia diagnosis and treatment
- vii. Assessment of convergence, accommodation, stereopsis, suppression

8. Exophthalmometry

Usage of Hertel's exophthalmometer - proptosis measurement

9. Contact lenses

- Fitting and assessment of RGP and soft lenses
- Subjective verification of over refraction
- Complications arising of contact lens use
- Educating the patient regarding CL usage and imparting relevant knowledge of the complications arising thereon.

10. Low Vision Aids

- Knowledge of basic optical devices available and relative advantages and disadvantages of each.
- The basics of fitting with knowledge of availability & cost

III. The post graduate must be well versed with the following investigative modalities although the student may or may not perform it individually. But, she/he should be able to interpret results of the following tests:

1. Fundus photography
2. Fluorescein angiography
3. Ophthalmic ultrasound A-scan/B scan
4. Automated perimetry for glaucoma and neurological lesions
5. Radiological tests - X rays - Antero posterior/ Lateral view PNS (Water's view) / Optic canal views.

Localisation of intra-ocular and intra-orbital FBs

Interpretations of -USG/ CT/ MRI Scans

6. OCT and UBM
7. ERG, EOG, and VEP

IV. Minor surgical procedures – Must know and perform independently

- Conjunctival and corneal foreign body removal on the slit lamp
- Chalazion incision and curettage
- Pterygium excision
- Biopsy of small lid tumours
- Suture removal- skin/conjunctival/corneal/ corneoscleral
- Tarsorrhaphy
- Subconjunctival injection
- Retrobulbar, parabulbar anaesthesia
- Posterior Sub-Tenon's injections
- Artificial eye fitting

V. Surgical procedures

1. Must know and can perform independently

a. Ocular anaesthesia:

- Retrobulbar anaesthesia
- Peribulbar anaesthesia
- Facial blocks- O'Brein / Atkinson/Van lint and modifications
- Frontal blocks
- Infra orbital blocks
- Blocks for sac surgery

3. Must be able to independently perform and deal with complications arising from the following surgeries :

- Lid Surgery - Tarsorrhaphy

Ectropion and entropion

Lid repair following trauma

Epilation

- Destructive procedures
 - Evisceration with or without implant
 - Enucleation with or without implant
- Sac surgery
- i. Dacryocystectomy
- ii. Dacryocystorhinostomy
- iii. Probing for congenital obstruction of nasolacrimal duct
 - Strabismus surgery
 - Recession and resection procedures on the horizontal recti.
- Orbit surgery
 - Incision and drainage via anterior orbitotomy for abscess
- Cyclocryotherapy/Cyclophotocoagulation
- 4. PG Students should be well conversant with use of operating microscope and must be able to perform the surgeries listed below competently under the same:

Cataract surgery

- i. Standard ECCE (extracapsular cataract extraction; first year) with or without IOL implantation
- ii. Small incision ECCE with or without IOL implantation and/or Phacoemulsification with PC IOL implantation
- iii. Intracapsular cataract extraction (second year)
- iv. Cataract with Phacoemulsification (third year)
- v. Secondary AC or PC IOL implantation

Vitrectomy/Scleral buckling

- Intra-vitreous and intra-cameral (anterior chamber) injection techniques and doses of drugs for the same
- Needs to know the basis of open sky vitrectomy (anterior segment) as well as management of cataract surgery complications.
- Assisting vitrectomy and scleral buckling procedures

Ocular surface procedures

- Pterygium excision with modifications
- Conjunctival cyst excision/foreign body removal
- Corneal foreign body removal
- Conjunctival flap/ peritomy

Glaucoma

- Trabeculectomy

Corneal

Repair of corneo - scleral perforations

Corneal suture removal

Application of glue and bandage contact lens

5. Should have performed/assisted the following microscopic surgeries

i. Keratoplasty

Therapeutic and optical

ii. Glaucoma surgery

Pharmacological modulation of trabeculectomyTrabeculotomy

Goniotomy

Glaucoma valve implant surgery

6. Desirable to be able to perform following laser procedures

- Yag Capsulotomy
- Laser iridotomy
- Focal and panretinal photocoagulation

7. Should have assisted/knowledge of Keratorefractive procedures

Operations :

The PG is provided with an opportunity to perform operations both extra-ocular and intra-ocular with the assistance of the senior post graduate students and/or under the direct supervision of a faculty member. The student is provided with an opportunity to learn special and complex operations by assisting the senior post graduate student or the faculty in operations of cases of the specialty and be responsible for the post- operative care of these cases.

In **first phase**, the post graduate student is given training in preparations of cases for operation, pre-medication and regional anaesthetic blocks. In the **next phase**, the postgraduate student assists the operating surgeon during the operations. In the **third phase**, the post graduate student operates independently assisted by senior post graduate student or a faculty member. She/he is required to be proficient in some operations and show familiarity with others.

Syllabus

Course contents:

These are only broad guidelines and are illustrative, there may be overlap between sections.

Basic Sciences:

1. Orbital and ocular anatomy
 - i. Gross anatomy
 - ii. Histology
 - iii. Embryology
2. Ocular Physiology
3. Ocular Pathology
4. Ocular Biochemistry
General biochemistry, biochemistry applicable to ocular function
5. Ocular Microbiology
General Microbiology, specific microbiology applicable to the eye
6. Immunology with particular reference to ocular immunology
7. Genetics in ophthalmology
8. Community Eye Health

Optics

- A. Basic physics of optics
- B. Applied ophthalmic optics
- C. Applied optics including optical devices
- D. Disorders of Refraction

Clinical Ophthalmology

- i. Disorders of the lids
- ii. Disorders of the lacrimal system
- iii. Disorders of the Conjunctiva
- iv. Disorders of the Sclera
- v. Disorders of the Cornea
- vi. Disorders of the Uveal Tract
- vii. Disorders of the Lens

- viii. Disorders of the Retina
- ix. Disorders of the Optic Nerve and Visual Pathway
- x. Disorders of the Orbit
- xi. Glaucoma
- xii. Neuro-ophthalmology
- xiii. Paediatric ophthalmology
- xiv. Ocular involvement in systemic disease
- xv. Immune ocular disorders
- xvi. Strabismus and Amblyopia
- xvii. Ocular oncology

TEACHING AND LEARNING METHODS

Teaching Methodology:

The theoretical knowledge is imparted to the post graduate student through distinct courses of lecture demonstrations, seminars, symposia and inter- and intra- departmental meetings. The students are exposed to recent advances through discussions in journal clubs and participation in CMEs, and symposia.

The post graduate students are imparted clinical training in several ways:

a. Group Discussion

The junior post graduate students may present the symposium to their senior postgraduates where it is fully discussed before finally being discussed in front of the faculty or senior eye specialists. A free and fair discussion is encouraged. These discussions enable the post graduate students to prepare for a general discussion in the class.

b. Clinical Case discussion

- a. Bedside discussion on the rounds and outpatient teaching take their toll with patient management. Therefore in addition to these, clinical case discussions should form part of a department's schedule at a fixed time every week. This could range from 1-2 hours and could be held at least once a week. The choice and manner of presentation and discussion varies widely and is left to the discretion of the department. Every effort should be made to include as wide a variety of cases as possible over three years with multiple repetitions. Problem oriented approach is better as it aids in decision making skills.

- b. In addition to bedside teaching rounds, at least 5-hr of formal teaching per week are necessary.
- c. Case discussions on the patient's records written by the student is to be encouraged as it helps exercise the student's diagnostic and decision making skills. It also helps the consultant in critical evaluation of the student's progress academically.
- d. Case presentation at other in-hospital multidisciplinary forums.
- e. The postgraduate students shall be required to participate in the teaching and training programme of undergraduate students and interns.
- f. Department should encourage e-learning activities

c. Seminars

Seminars should be conducted at least once weekly. The duration should be at least one hour. The topics selected should be repeated once in 3 years so as to cover as wide a range of topics as possible. Seminars could be individual presentations or a continuum (large topic) with many post graduate students participating.

d. Journal clubs

Journals are reviewed in particular covering all articles in that subject over a 6 months period and are discussed by the post graduate student under the following headings.

- | | | |
|--------------------|----------------|-----------------|
| 1) Aim | 2) Methods | 3) Observations |
| 4) Discussions and | 5) Conclusions | |

The post graduate student to whom the journal is allotted presents the journal summaries to the senior postgraduates. They are expected to show their understanding of the aspects covered in the article and clarify any of the points raised in the article, offer criticisms and evaluate the article in the light of known literature

e. A postgraduate student of a MS Ophthalmology degree course would be required to present one poster presentation, to read one paper at a national/state conference and to present one research paper which should be published/accepted for publication/sent for publication during the period of his postgraduate studies so as to make him eligible to appear at the postgraduate degree examination.

f. Out-Patients: For the first six months of the training programme, post graduate students may be attached to a faculty member to be able to pick up methods of history taking and ocular examination in ophthalmic practice. During this period the post graduate student may also be oriented to the common ophthalmic problems. After 6 months, the clinical post graduate student may work independently, where he receives new and old cases including refractions and prescribes for them. The post graduate students are attached to a senior post graduate student and faculty member whom they can consult in case of difficulty.

g. Wards: Each post graduate student will be allotted beds in the in-patient section depending upon the total bed capacity and the number of the post graduates. The whole concept is to provide the post graduate student increasing opportunity to work with increasing responsibility according to seniority. A detailed history and case record is to be maintained by the post graduate student.

Relevance of beds and admissions in Ophthalmology has really gone down at present, as most of the surgical and special investigative procedures are being performed on out-patient basis. Most of the teaching has to be imparted in out-patients department and special Clinics.

h. Rotations: Specialty clinics

The student may rotate in the following subspecialty clinics:

- Anterior segment and cataract
- Glaucoma
- Oculoplastics
- Paediatric ophthalmology and strabismus
- Retina and Uvea
- Cornea, Contact lens and low vision
- Neuroophthalmology
- Refractive Clinic

1. Practicals in Ocular Histopathology

2. The post graduate students may be provided with fully stained slides of the ocular tissues along with relevant clinical data and discuss the diagnosis and differential diagnosis on the basis of the information provided
3. Attend accredited scientific meetings (CME, Symposia, and Conferences).
4. Additional sessions on basic sciences, biostatistics, research methodology, teaching methodology, hospital waste management, health economics, medical ethics and legal issues related to ophthalmology practice are suggested.
5. Maintenance of log book: Log books shall be checked and assessed periodically by the faculty members imparting the training.

During the training programme, patient safety is of paramount importance; therefore, skills are to be learnt initially on the models, later to be performed under supervision followed by performing independently; for this purpose, provision of surgical skills laboratories in medical colleges is mandatory.

ASSESSMENT

FORMATIVE ASSESSMENT, ie, during the training

Formative assessment should be continual and should assess medical knowledge, patient care, procedural & academic skills, interpersonal skills, professionalism, self directed learning and ability to practice in the system.

FORMATIVE ASSESSMENT, ie., during the training

General Principles

Internal Assessment should be frequent, cover all domains of learning and used to provide feedback to improve learning; it should also cover professionalism and communication skills. The Internal Assessment should be conducted in theory and clinical examination.

Quarterly assessment during the MS training should be based on following educational activities:

1. Journal based / recent advances learning
2. Patient based /Laboratory or Skill based learning
3. Self directed learning and teaching
4. Departmental and interdepartmental learning activity
5. External and Outreach Activities / CMEs
6. At the end of completion of 1st & 2nd year there will be a theory exam and prelim exam will be taken one month before the university examination.

The student to be assessed periodically as per categories listed in postgraduate student appraisal form (Annexure I)

SUMMATIVE ASSESSMENT, ie., assessment at the end of training

The summative examination would be carried out as per the Rules given in

POSTGRADUATE MEDICAL EDUCATION REGULATIONS, 2000.

The Post Graduate examination shall be in three parts:

1. Thesis:

Every post graduate student shall carry out work on an assigned research project under the guidance of a recognised Post Graduate Teacher, the result of which shall

be written up and submitted in the form of a Thesis. Work for writing the Thesis is aimed at contributing to the development of a spirit of enquiry, besides exposing the post graduate student to the techniques of research, critical analysis, acquaintance with the latest advances in medical science and the manner of identifying and consulting available literature.

Thesis shall be submitted at least six months before the Theory and Clinical / Practical examination. The thesis shall be examined by a minimum of three examiners; one internal and two external examiners, who shall not be the examiners for Theory and Clinical examination. A post graduate student shall be allowed to appear for the Theory and Practical/Clinical examination only after the acceptance of the Thesis by the examiners.

2. Theory Examination:

The examinations shall be organised on the basis of 'Grading' or 'Marking system' to evaluate and to certify post graduate student's level of knowledge, skill and competence at the end of the training. Obtaining a minimum of 50% marks in 'Theory' as well as 'Practical' separately shall be mandatory for passing examination as a whole. The examination for M.D./ MS shall be held at the end of 3rd academic year. An academic term shall mean six month's training period.

There shall be four theory papers.

Paper I:	Basic Sciences related to Ophthalmology, Refraction & Optics
Paper II:	Clinical Ophthalmology
Paper III:	Systemic Diseases in Relation to Ophthalmology
Paper IV:	Recent Advances in Ophthalmology and Community Ophthalmology

Paper I:	Total 10 Questions of each 10 marks
Paper II:	Total 10 Questions of each 10 marks
Paper III:	Total 10 Questions of each 10 marks
Paper IV:	Total 10 Questions of each 10 marks
	TOTAL THEORY = 400 MARKS

3. Clinical/Practical and oral/viva voce examination

Clinical

1. long case
2. short cases with different problems
3. 2 fundus Cases
4. refraction case

Oral/Viva voce Examination shall be comprehensive enough to test the

post graduate student's overall knowledge of the subject and shall include:

- i. Instruments
- ii. Pathology specimens
- iii. Drugs, X-rays, USG/OCT/CT/MRI Scans, etc.
- iv. Visual fields and other ophthalmic diagnostic charts

DISTRIBUTION OF PRACTICAL MARKS

	Description	Marks	Preparation Time	Assessment Time
Long case	1 Long case	80	45 Min	30 Min
Short case (Two)	Two Short Cases X 30 each	60	30 Min	20 Min
Fundus Cases	2 Fundus Cases X 30 each	60	30 Min	20 Min
OSCE		50		20 Min
Demonstration / Refraction Case		50		20 Min
Viva	Instruments	25		5 Min
	Pathology specimens	25		5 Min
	Drugs, X-rays, USG/OCT/CT/MRI Scans, etc.	25		5 Min
	Visual fields and other ophthalmic diagnostic charts	25		5 Min
	Total	400		

Recommended Reading:

Books (latest edition)

1. Ophthalmic Surgery: Principles and Techniques. Blackwell Science. Albert DM.
2. Principles and Practice of Ophthalmology. Albert DM, Jakobiec. W B Saunders
3. Principles & Practice of Ophthalmology. Gholam A Paymen
4. The Current American Academy of Ophthalmology Basic and Clinical Science Course (13 volumes)
5. Duke Elder's Practice of Refraction. Abrams D. Churchill Livingstone.
6. Text book of Ophthalmology. Yanoff and Duker
7. Retina. Stephen J Ryan:
8. Ophthalmic Ultrasound: Sandra Byrne and Ronald Green.
9. Cornea: Fundamentals, Diagnosis, and Management. Krachmer JH, Mannis MJ, Holland EJ. Mosby Elsevier.
10. Ophthalmology. Yanoff N, Duker JS. Mosby Elsevier.
11. Review of Ophthalmology. Friedman NJ, Kaiser PK, Trattler WB. Elsevier Saunders, Philadelphia.
12. Corneal Transplantation. Vajpayee RB. Jaypee Brothers Medical Publishers (P) Ltd, New Delhi.
13. Fundamentals of Clinical Ophthalmology Series. Coster D. Cornea. Blackwell Publishing Limited.
14. The Contact Lens Manual. A practical guide to fitting. Gasson A, Morris A J. Butterworth Heinemann Elsevier.
15. Steinert's cataract surgery.
16. Shields Text book of glaucoma
17. Smith and Nozik : Uvea
18. Rootman's diseases of the orbit
19. Eyelid, conjunctival and orbital tumors. An atlas and textbook. Shields JA, Shields CL. Philadelphia: Lippincott Williams & Wilkins.
20. Intraocular tumors. An atlas and textbook. Shields JA, Shields CL.
21. Pediatric Ophthalmology. Taylor and Hoyt: Saunders Ltd.
22. Management of Strabismus and Amblyopia. Pratt-Johnson and Tilson: Thieme Verlag.
23. Handbook of Pediatric Eye and Systemic disease. Wright, Spiegel and Thompson.
24. Binocular Vision and Ocular Motility. Theory and Management of Strabismus. Von Noorden GK. Mosby.

25. Surgical Management of Strabismus. Helveston:
26. Strabismus: A Decision Making Approach. Von Noorden and Helveston:
27. Thyroid Eye Diseases. Char DR. Williams and Wilkins, Baltimore.
28. A Manual of Systematic Eyelid Surgery. Collin JRO (ed). Churchill Livingstone, Edinburgh.
29. Refractive Surgery. Agarwal A, Agarwal A, Jacob Soosan. Jaypee.
30. LASIK Complications, Prevention and management. Gimbel HV, Penno EEA. Slack Inc.
31. Management of Complications of Refractive Surgery. Alio JL, Azar DT. Springer.
32. Quality of Vision: Essential Optics for the Cataract and Refractive Surgeon. Holladay JT. Slack Inc.
33. Ocular Pharmacology: Havener
34. Anatomy: Wolff 's Anatomy of the Eye and Orbit
35. Physiology: Adler's Physiology of the Eye
36. Textbook of Ophthalmology (2 volumes). Easty DL, Sparrow JM. Oxford Oxford Medical Publications.
37. The Eye. Basic Sciences in Practice. Forrester JV, Dick AD, McMenemy PG, Lee WR. W B Saunders.
38. A Stereoscopic Atlas of Macular Diseases: Diagnosis and Treatment. Gass JDM.
39. Neuroophthalmology. Glaser JS. Lipincott Williams & Wilkins. .
40. Clinical Ophthalmic Pathology. Harry J, Misson G. Butterworth/Heinemann.
41. Inherited Retinal Diseases. A Diagnostic Guide. Jimenez Sierra JM, Ogden TE, Van Boemel GB. Mosby.
42. Clinical Ophthalmology. Kanski JJ. Butterworth/Heinemann.
43. ABC of Resuscitation. Colquhoun, M. C., Evans, T. R., Handley, A. J. BMJ Publishing Group.
44. Walsh and Hoyt's Clinical Neuroophthalmology (5 volumes). Miller NR, Newman NJ, Williams and Wilkins.
45. The human eye. Oyster CW Sinauer Associates. Sunderland. Massachusetts
46. Paediatric Ophthalmology. Taylor D. Blackwell Science.
47. Decision Making in Ophthalmology. Van Heuven WAJ, Zwann J. Mosby.
48. Parsons' Diseases of the eye. Sihota and Tandon.
49. Wills Eye Manual
50. International Council of Ophthalmology Residency Curriculum available at <http://www.icoph.org/>

Journals

03-05 international Journals and 02 national (all indexed) journals

Annexure I

Postgraduate Students Appraisal FormPre / Para /Clinical Disciplines

Name of the Department/Unit :

Name of the PG Student :

Period of Training : FROM.....TO.....

Sr. No.	PARTICULARS	Not Satisfactory	Satisfactory	More Than Satisfactory	Remarks
		2 3	4 5 6	7 8 9	
1.	Journal based / recent advances learning				
2.	Patient based /Laboratory or Skill based learning				
3.	Self directed learning and teaching				
4.	Departmental and interdepartmental learning activity				
5.	External and Outreach Activities / CMEs				
6.	Thesis / Research work				
7.	Log Book Maintenance				

Publications

Yes/ No

Remarks* _____

***REMARKS:** Any significant positive or negative attributes of a postgraduate student to be mentioned. For score less than 4 in any category, remediation must be suggested.
Individual feedback to postgraduate student is strongly recommended.

SIGNATURE OF ASSESSEE

SIGNATURE OF CONSULTANT

SIGNATURE OF HOD



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